



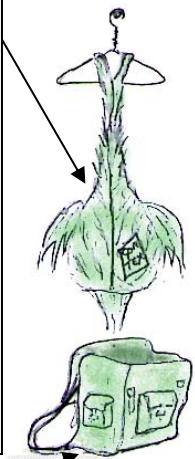
Pick & Mix



Woodland Play Days Kit List

We will be spending all day exploring the woods so you will need to make sure that you bring everything you need to be comfortable. This checklist will help you get ready for your adventure, just like BB the flamingo below.

Outdoor clothes - please wear clothes that you don't mind getting dirty. You will need long trousers and shoes that are waterproof and cover your whole foot (like walking shoes/boots or old trainers). Bring a waterproof & wind proof coat and trousers in case of bad weather (but we will put up a shelter too). Bring some spare tops/jumpers to wear in case you get cold too.



Sunhat/cream & insect repellent - on a very sunny day you might want to bring sun cream and a wide brimmed hat to wear to stop you getting sun burnt. Sometimes there might be insects around the woods (like midges and mosquitoes) so wearing insect repellent can stop them biting you.



Packed Lunch & drink bottle - exploring the woods is thirsty and hungry work, make sure you've brought enough to eat and drink (but we will have warm drinks and snacks too). Having a refillable plastic or metal drink bottle is good to carry with you.



Rucksack - is good to carry your kit in and means you have your hands free to collect things.

My Kit List	✓
Rucksack or bag	
Packed Lunch	
Drink bottle	
Outdoor shoes or boots	
Waterproof coat and trousers	
Spare tops and/or jumpers	
Sun hat & sun cream	
Insect repellent	

My Notes:

